



Use the same size guide as for normal apparel when you choose your goalie set. Our recommendation is that you choose at least one size bigger than you would normally use. It is very common among goalkeepers to add one or two sizes to make themselves as big as possible, and to be able to fit various types of padded protection underneath the garments.

## SIZE GUIDE

### ADULT

IN CENTIMETERS

SIZE	CHEST	WAIST	HIP	INSEAM	ARM
XS	<88	<73	<90	82	61.5
S	88-96	73-81	90-98	82.5	63
M	96-104	81-89	98-104	83	64.5
L	104-112	89-97	104-110	83.5	66
XL	112-120	97-105	110-116	84	67.5
XXL	120-128	105-113	116-122	84.5	69
XXXL	128-134	113-121	122-130	85	70.5

### KIDS/JUNIOR

IN CENTIMETERS

SIZE	LENGTH	CHEST	WAIST	HIP
120	122-128	64.5-66	54.5-56.5	68.5-71
130	128-137	66-69	56.5-60	71-74.5
140	137-147	69-75	60-64	74.5-79.5
150	147-158	75-81.5	64-69	79.5-84.5
160	158-170	81.5-88.5	69-74	84.5-89.5